

Who can benefit from bio-identical hormone replacement therapy via pellets and how?

As we age, testosterone, estrogen and progesterone naturally decline over time. Around age 35, men experience a gradual reduction in testosterone, typically 2 to 10 percent per year. For women, pre-menopause may start as early as in the 30s. In fact, often hormone imbalance kicks in long before hot flashes do – by 10 to 15 years!

Patients need to listen to their bodies. Is the body saying, "I feel a bit off?" In other words, do they feel like many men and women in their 30s, 40s and beyond who ...

- Lack motivation and feel more tired than usual.
- Gain weight for no reason – especially belly fat!
- Experience mood swings more frequently.
- Feel anxious and depressed.
- Struggle with brain fog and insomnia.
- Wonder why their sexual desire and libido have tapered off.

If these symptoms sound familiar, the patient may be an excellent candidate for subcutaneous hormone pellet implants. So, how can you patients find out for sure? They can speak with an EvexiPEL health care professional who specializes in subcutaneous bio-identical hormone replacement therapy.