

What are bio-identical hormone pellets, and how they work?

They are composed of either estradiol or testosterone. They are larger than a grain of rice and smaller than a Tic Tac.

Bio-identical hormone replacement therapy with pellets is a natural alternative to synthetic hormone replacement therapies. They are plant-based substances that metabolize in our bodies the way nature intended.

The pellets release testosterone, estrogen or both into the bloodstream based on cardiac output, meaning due to increased physical activity or emotional stress (good or bad). This steady stream of hormones helps keep symptoms fluctuation such mood, low energy for example at bay.

This way of balancing your hormones via pellets inserted under the skin, have been used since the 1930s, and research consistently shows bio-identical hormone replacement therapy with pellet implants is the superior method to deliver hormones in both men and women.

Moreover, also keep in mind that Bio-identical hormone replacement alone is not always the answer. Depending of what might be going on; you may need an integrated treatment plan that includes pellet therapy, Peptides, resolving leaky gut issues, detoxification, nutrient supplementation and more

Please scan the QR code to read on and see if EvexiPel Hormone Pellet Therapy may be right for you or your loved ones! And call now to schedule a consultation with our EvexiPel certified practitioner

Where do we get the pellets and qualification?

The practitioner inserting your pellets is an EvexiPel Certified Practitioner, who specializes in hormone restoration and thyroid optimization. The EvexiPel Method is the result of collaboration between some of the most recognized hormone replacement experts in the country and Farmakeio Outsourcing an FDA certified 503 B manufacturing facility based in Southlake, Texas. This approach to hormone pellet therapy provides superior patient outcomes when compared to other forms of pellet therapy.

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Hormone imbalance and health

Even if people do not have symptoms, Imbalanced hormones may be threatening.

It is important to note that many people with low testosterone or estrogen do not experience the common symptoms related to hormone imbalance. He/She may believe there is no need for hormone replacement therapy, since they generally feel well and their energy levels are up. Unfortunately, this may be a dangerous assumption.

While bio-identical hormone replacement therapy via pellets effectively treats symptoms related to imbalanced testosterone and estrogen levels, research also suggests that hormone optimization may play a key role in preventing diseases such as osteoporosis, cardiovascular disease, Alzheimer's disease, certain cancers and others.

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Common symptoms of hormone imbalance for WOMEN

As women age, hormone imbalance can wreak havoc on both physical and emotional well-being.

Imbalanced estrogen, testosterone and progesterone may lead to:

- Fatigue, lethargy and lack of motivation
- Inability to focus and remember things.
- Mood swings, anxiety and depression
- Insomnia and night sweats
- Stubborn weight gain, belly fat and food cravings
- Frequent illnesses
- Muscle loss and weakness
- Hair loss
- Saggy, dry, aging skin
- Aches, joint pain and longer recover time from injuries
- Loss of libido, difficulty achieving arousal and orgasm
- Painful intercourse
- Frequent urinary tract infections (UTIs)
- Hot flashes, vaginal dryness and night sweats
- Infrequent menstrual cycles, or lack of menstrual cycle prior to menopause

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Common symptoms of hormone imbalance for MEN

For men who feel their get up and go, got up and went, or who are struggling to maintain their youthful vigor and appearance, testosterone imbalance may be to blame.

Testosterone imbalance in men may lead to:

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- Fatigue, lethargy and lack of motivation
- Mood swings, anxiety and depression
- Decline in general well-being, feeling burned out
- Inability to focus and remember things
- Insomnia
- Stubborn weight gain, belly fat and food cravings
- Frequent illnesses
- Hair loss
- Saggy, dry, aging skin
- Aches, joint pain and longer recovery time from injuries
- Loss of libido and inability to achieve or maintain an erection

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