

Frequently Asked Questions

Q. What is EvexiPEL?

A. EvexiPEL is a Bio-Identical form of hormone therapy that seeks to return the hormone balance to optimized levels in women and men.

Q. How do I know if I'm a candidate for pellets?

A. Symptoms may vary widely from fatigue, lack of energy, depression, anxiety, night sweat, joint pain, sleeplessness, etc. for example. We will begin with a Symptom Check List and a lab slip to have blood work done which will determine your hormone levels. Once your doctor reviews and determines whether you are a candidate, we will schedule an appointment for a consultation and insertion.

Q. Do I have blood work done before each treatment?

A. No, only initially and 4 to 6 weeks after initial treatment to set your dosing. You may have it done again if there are significant changes to your weight, lifestyle, etc. Also, a full lab is suggested annually.

Q. What are the pellets made from?

A. They are plant based (Wild Yams, etc.) The pellets are derived from yams and are bio-identical, meaning they are the exact replication of what the body makes in contrast to synthetic hormones.

Q. How long will the treatment last?

A. For 3-6 months, depending on the person. Everyone is different so it depends on how you feel and what the Dr. determines is right for you. Absorption rate is based on cardiac output.

Q. Is the therapy FDA approved?

A. The ingredients in the pellets are all FDA approved. The distribution of the pellet is FDA regulated. The procedure is not FDA approved, based on individualized dosing. Everyday physicians prescribe off-label non-FDA approved products and therapies that they deem safe and effective for the patients? Compounded drugs are not FDA approved because they are individualized doses. There is no FDA approval on a bio-identical drug. Also, consider the side effects of drugs (half of the TV commercial is listing the potential side effects) and those drugs ARE FDA approved!

Q. How are they administered?

A. Your practitioner will implant the pellets in the dermas of the upper hip or above the belt. A small incision is made, and the pellets are inserted. No stitch is required.

Q. Does it matter if I'm on birth control?

A. No, your physician can determine what your hormone needs are even if you are on birth control.

Q. Are there any side effects?

A. There are no serious side effects. Some possible nuisance side effects, hair growth or acne in moderation. Both are very treatable.

Q. What if I'm already on HRT of some sort like creams, patches, pills?

A. This is an easy transition. Your physician will be able to determine your needs even though you may be currently taking these other forms of HRT. We also supply these other modalities if your patients prefer.

Q. What if I've had breast cancer?

A. Breast cancer survivors and/or those who have a history of breast cancer in their family may still be a candidate; however, this is to be determined by the physician. You should schedule a consultation with your physician. Bio-Identical Hormones have never been shown to cause an increased risk in breast cancer. (Share Studies tied to WHI study showing it as a flawed study) Share Becky Glazier Study on Testosterone and Breast Cancer)